AMENDMENT NO. 4

City of Cordova Health & Welfare Trust Benefit Plan Health

Effective 4/1/2018, the City of Cordova Health and Welfare Benefit Plan (the "Plan") is hereby amended in the following manner:

National Medical Tourism

- 1. A member may be eligible for the medical tourism benefit if they meet the conditions below:
 - a. The procedure is currently eligible under the health plan, and;
 - b. The cost of the procedure is at least \$10,000, not including follow-up care, and;
 - c. The ¹value of the savings, generated from transferring the member to a non-local provider facility, is greater than the projected travel costs and;
 - d. If required, the ²extensive rehabilitative therapy for the procedure will be available within 75 miles of the member's home and;
 - e. The member lives within 75 miles of their employer's primary worksite and;
 - f. The employer's primary worksite is located in the state of Alaska and;
 - g. The Plan Administrator has reviewed and approved each instance of National Medical Tourism and;
 - h. An exception may be made to one or all of the stated conditions (a)-(g) if the service in question is not available within 50 miles of the member's primary worksite.
- 2. The National Medical Tourism benefit shall provide the following:
 - a. Travel reimbursement will be limited to flight cost (coach), daily per diem maximums (per GSA) and reasonable lodging costs.
 - b. Roundtrip travel will be reimbursed from the member's home to destination of non-local procedure.
 - c. Member having given procedure may bring one dependent (age 18 or older) and will be eligible to have their travel costs, per diem and reasonable lodging costs reimbursed by the plan.
 - d. All travel plans will need to be reviewed and approved by the Plan Administrator in advance.
 - e. Once approved, travel reimbursement will be paid at 100%, not subject to any other plan limitations.
- 3. Services to be rendered must occur within the Contiguous United States and Alaska.

¹Value of savings shall consider the savings after comparing the cost of a local procedure (within 150 miles) to the cost of non-local procedure in addition to all costs to be covered by the national medical tourism benefit in addition to cost of any necessary rehabilitative services that must be rendered within 50 miles of the non-local procedure. Improved outcomes may also be evaluated as part of the savings analysis. ²Extensive rehabilitative therapy for these purposes is to be defined as necessary rehabilitation exceeding 21 days after the procedure has been completed.

All other provision remain unchanged.

APPROVED AND ACCEPTED

By:	
•	Signature
Title:	
Date:	